

HOW I STOPPED MY GANG STALKING

By WatcherPK

Revised and Updated Version 3.0 – June 29th, 2022

<http://watcherpkcd.com/>

Gang Stalking Series - Occult, Military and Intelligence Targeting

<https://www.bitchute.com/hashtag/WatcherPKGangStalking/>

The Targeted Series - Documentaries on Freemasonry, Illuminati, Zionism

<https://www.bitchute.com/hashtag/WatcherPKTargetedSeries/>

1. My Gang Stalking Story

The earliest knowledge I have of my ancestors being targeted was the targeting of my great-grandmother in Russia. She had to flee Russia due to the Jewish Bolshevik Communist Revolution. She ended up coming to America. This was not necessarily a TI (targeted individual) issue this was a issue of Jewish Revenge against the Pale of Settlements with a nation-wide ideological targeting. (See the book 200 Years Together by Solzhenitsyn and/or the book Behind Communism by Frank L. Britton)

200 Years Together by Solzhenitsyn

<http://watcherpkcd.com/Centuries/Aleksandr%20Solzhenitsyn%20200%20Years%20Together%20Russo-Jewish%20History.pdf>

Behind Communism by Frank L. Britton

https://www.texemarrs.com/e_book_cart.html

My mother was targeted by a person from a free-Masonic family. This happened when I was about 7 years old. The person who was in this freemason family ended up seducing my birth father and becoming my step-mother. I have no contact with my father or step-mother at this time due to this issue of targeting. My step-mother has a Cluster B-type personality disorder and is a sociopath. Soon after my father divorced my mother we had Mexican gangs coming to our house and using binoculars to intimidate us while drinking beer at the end of our driveway.

In 2004 when I began attending college in California I was urged by a college professor to look into the issue of Iran Contra which I had mentioned in a paper I had written for a political science class on the government structure and history of the nation of Iran. After I began looking into information online concerning Iran-Contra I ran across conspiracy websites. About a year later I began to distribute, on the college campus, DVD video disks I created on the topics of 9/11 False Flag, SRA (Satanic Ritual Abuse) and Bohemian Grove. During this time I was contacted by police detectives who would come to my house randomly and inquire about vehicles I owned and suggest I was involved in criminal activity. I was not. I also was detained one time and handcuffed by a military soldier and undercover police officer who were traveling together. They had claimed that I looked like someone who had committed a crime locally and that I fit the description of the suspect. I did not commit any crime and was not arrested or charged with any crime. My detainment and handcuffing occurred about a few hundred feet from campus and I was seen by hundreds of people getting patted down. I believe all of these issues I had in college were connected to my handing out of DVDs on campus exposing the truth. I also had the issue with police harassment during this time and police cars following me around.

In 2015 I was poisoned with a nerve agent and was transported to a Level 1 trauma center to receive care. I obtained flaccid paralysis when I was under the effect of the gaseous material. I am not going to say which city this was in, but it was in the United States. These people are still after me. A few moments after I had been exposed to the nerve agent I witnessed a yellow Jeep traveling down the road. I believe this was to anchor the event with a car and color (yellow) they could use in the future.

After 2015 I moved to the central part of the United States. I have been targeted with street theater, red and black cars, yellow cars to remind me of my poisoning, directed conversation, color and noise harassment, and remote neural manipulation where I have involuntary muscle movements and gang stalking. I believe my targeting is largely due to my activism against the New World Order.

2. My Theory on Gang Stalking's Purpose

First it would be good for me to describe who in my opinion is targeted and for what reason:

- Coming into contact with a Illuminati bloodline family and getting on their wrong side. Coming into contact with an occult/fraternal organization and getting on their bad side. Leaving the adult film industry, attempting to leave an occult organization, leaving the music industry or Hollywood over ideological differences (ie Isaac Kappy)
- Political activism and free speech activity running counter-current to the NWO agenda (ie oppose Covid narrative, 9/11 narrative, Great Reset opposition are modern examples, opposition to Pedophilia, Zionism, etc.)
 - Activism includes posting videos to video sharing sites, making comments on video sharing sites; engaging in journalism online, in print, on TV; canvassing neighborhoods with advertisements/pamphlets alerting them about the NWO/ZOG; going onto radio programs and conducting interviews or giving interviews; talking to family members about the NWO or contacting friends and family by postal mail, SMS text message or in person and informing them about the NWO; buying books on the NWO or selling books on the NWO; engaging in political activism by attending or organizing a political party, protest movement, giving presentations to groups of people, opposing legislation in your parliament or congress, etc
- Being someone with no family or friends and is not socially connected, low income and can be isolated for technological exploitation and experimentation (remote neural monitoring and remote neural/physical experimentation)
- Being someone who knows government secrets they should not know, enemy of the state, whistleblower
- Being someone involved in academic disciplines on the PHD-level that crossover into CIA/SAP (special access project) black/grey projects technology systems and/or weapons systems and do not want to go along with the program, oppose the weaponization of their research
- Being a member of an indigenous people's race and having the national government exploit your land or resources for housing foreign troops, conducting illegal operations on your tribal land thus bypassing the constitution, human trafficking indigenous children

Helter Skelter was described by John Todd as the witchcraft term where all the opposition to the Satanic/Jewish Utopia (aka New World Order) will be collectively killed in one large event. I believe the gang stalking program is the Helter Skelter program he talked about. You can find the audio lecture tapes of John Todd on my website linked to on the first page of this document. On my website it is under the Illuminati section about mid-way on the site. There are 12 individual MP3 files in total.

<http://watcherpkcd.com/Illuminati/John%20Todd%20Tape%201A.mp3>

Cheryl and Lynn Hersha talked about prepping for the Helter Skelter event and being trained as mind control operatives for this program in their book called Secret Weapons. At the time of this writing the Kindle version is not available and the book is out of print.

<https://www.amazon.com/dp/B00BSEQMXG/>

Russ Dizdar talked about the Helter Skelter in his Black Awakening Satanic Super Soldiers Book. This book at the moment is out of print but if you go to BitChute and search for Russ Dizdar you can find his video lectures and interviews.

<https://www.bitchute.com/search/?query=russ%20dizdar&kind=video&sort=new>

Fritz Springmeier and Al Cuppett in his book Straight from the Joint Chiefs talked about the FEMA lists the Red, Blue and Yellow lists. The red list is the kill list of the New World Order of citizens to be killed a few weeks ahead of a martial law event or continuity of government event. Notice I said “before a continuity or martial law event” meaning it is a False Flag which has been pre-scripted and pre-planned. Supposedly these people will be rounded up around 3-4 AM and taken to a detention facility and killed. The blue list is the re-education list to be put under sedative mind control and re-programmed before being released. This is MKULTRA mind control on the blue list. The yellow list are the rest of America who will just go along and do whatever they are told by the government. FEMA also maintains the Main Core Database. To learn more watch my documentary on the Digital Dossier. Main Core is not the only database or list or watchlist there are others called TIDE, the FBI Index, the Disposition Matrix and the Guardian Threat Tracking System.

Target Acquisition of Gang Stalked Individuals The Digital Dossier - New Version

<https://www.bitchute.com/video/0aHHRiw0j0q2/>

https://en.wikipedia.org/wiki/Patriot_Act

https://en.wikipedia.org/wiki/USA_Freedom_Act

https://en.wikipedia.org/wiki/Domestic_Security_Enhancement_Act_of_2003

<https://en.wikipedia.org/wiki/ECHELON>

https://en.wikipedia.org/wiki/List_of_government_mass_surveillance_projects

[https://en.wikipedia.org/wiki/NSA_warrantless_surveillance_\(2001%E2%80%932007\)](https://en.wikipedia.org/wiki/NSA_warrantless_surveillance_(2001%E2%80%932007))

[https://en.wikipedia.org/wiki/Guardian_\(database\)](https://en.wikipedia.org/wiki/Guardian_(database))

https://en.wikipedia.org/wiki/National_Security_and_Homeland_Security_Presidential_Directive

https://en.wikipedia.org/wiki/Disposition_Matrix

https://en.wikipedia.org/wiki/FBI_Index

<https://en.wikipedia.org/wiki/PRISM>

https://en.wikipedia.org/wiki/Terrorist_Identities_Datamart_Environment

America and other nations have been group targeted. Examples of group targeting include the 9/11 False Flag to get us into the Iraq and Afghanistan Wars. Targeting aimed at eliminating our second amendment is carried out by people put under mind control and released in a Masonic scene to justify the elimination of firearms by orchestrating a mass casualty event. John Kennedy was targeted for assassination (shot in his face at point-blank range by his driver). The Federal Reserve was a communist targeting of our nation’s finances. It was a weaponization of interest rates through the Federal Open Market Committee to ensure we never have a stable valuation of the dollar.

The nation is targeted through brainstorming organizations called think tanks. The main Democrat think tank is the Council on Foreign Relations. The main Republican think tank is the Council on National Policy. The global think tanks at the moment are the Bilderberg Group and the World Economic Forum. These group all brainstorm the targeting of our nation’s law systems, culture, economy and future warfare for the benefit of the New World Order (Zionist Occupied Government).

The ADL (anti-defamation league) has weaponized the knowledge known by conspiracy researchers as a form of racism. Knowing what these people are up to is not racism it is information. The Jews are internationalists which is equivalent to global communism the same thing as the United Nations.

1666 Redemption Through Sin: Global Conspiracy in History, Religion, Politics and Finance
<https://www.amazon.com/dp/B00XT2LB1I/>

[Andrew Carrington Hitchcock The Synagogue of Satan](http://watcherpkcd.com/Zionism/Andrew%20Carrington%20Hitchcock%20The%20Synagogue%20of%20Satan.pdf)
<http://watcherpkcd.com/Zionism/Andrew%20Carrington%20Hitchcock%20The%20Synagogue%20of%20Satan.pdf>

[Michael Higger 1932 The Jewish Utopia](http://watcherpkcd.com/Zionism/Michael%20Higger%201932%20The%20Jewish%20Utopia.pdf)
<http://watcherpkcd.com/Zionism/Michael%20Higger%201932%20The%20Jewish%20Utopia.pdf>

The Jewish Utopia is spoken of all throughout the Old Testament and New Testament. The bible is a form of Jewish witchcraft. This is why the bible says the Jews will “inherit the earth.” This is why they say 144,000 of them will live in Zion in Revelations. The Jewish Utopia is equivalent to the New World Order and is equivalent to what the bible says is the “inheritance” of the Jewish People (“God’s Chosen People”). The bible is a book of evil spells disguised as something beneficial to believe. This may throw some people off but this is what I believe is the truth about the bible. All of the authors except Luke were Jewish. It has been suggested that the creation of Jesus was a trick to get the Roman government to adopt their religion as a form of cultural subterfuge.

<https://www.biblegateway.com/quicksearch/?quicksearch=inherit&version=KJV>

I actually don’t hate anyone. The reality is the Illuminati which is the occult ideological basis for the gang stalking program is the glue the framework that holds all of these various organizations together. I have a friend in military intelligence and they said that decades ago the military sent out employees to perform what is called a intelligence collection request which is basically a interview conducted where a military intelligence employee asks the interviewed subject a set of questions and records their answers. This person told me that back in the day when they had performed this request on some secret society groups they eventually interviewed a Jewish person and the question was asked “Who created the Illuminati?” The answer the Jewish person gave was that the Jews “created the illuminati so that people would like their race better.” This is a true story. When they say the creation of these groups was a “group evolutionary strategy” that’s exactly what it is. For the Jews the gang stalking program and the Illuminati are connected to their survival as a people.

The Illuminati is the glue that holds these various occult and other groups together because it is a set of practices which bind the occult together although they may have different rituals and practices and beliefs between the various member organizations. Communism was started by Moses Mordecai Levy (Karl Marx) because they wanted to usher in their utopian model of a Ideal Messianic Jewish Nation State. The gang stalking program is a Tri-Lateral agreement between 1) the occult groups 2) the military 3) the intelligence community. Some people call a combination of all these three groups to be the “National Security State,” and that’s exactly what it is. Various organizations such as the Satanic Brotherhood, Witchcraft, Wicca, Freemasonry, Voodoo, Santeria, Cultural Spiritism groups, Protestantism and Catholicism along with Orthodoxy are all tied into a single global control system run by the illuminati. Gang stalkers are essentially National Security actors meaning that when they get commands from the national security state they are broadly speaking enacting a script or what can be seen as a movie set production against their targets. Some people call it a “scene.” Gang stalkers are

actors, surveillance role players and assume the role of crisis actors during mass shootings and false flag events. These people are usually from occult bloodline families where their family has been doing participation in the occult group and gang stalking for multiple generations. This is nothing new to them and their goals of a New World Order are long-term.

If you want my true opinion I actually think the Bible is a form of ancient predictive programming where various Extra-Terrestrial groups (mainly the Sirians and Draconians) laid the foundation for the main characters in this religious space opera, so to speak, being Yahweh, Jesus, Satan and Lucifer. Personally I believe all of these 4 entities are completely fake and fraudulent. I believe that the occult organizations I listed above are all working in concert to see the arrival of a ET invasion and takeover of the planet to be disguised by a religious front as what the Bible describes is the tribulation or armageddon event. Personally I could care less if you are into Christianity, have no opinion or are for or against the teaching lessons. The cultural issues (religion) are the least of our worries next to the National Security State Tri-Lateral agreement described earlier and to a lesser extent our economic issues. If you need further evidence of this National Security State apparatus just visit my website and look at the Introduction Section and the Centuries Section particularly the books by Peter Levenda called Sinister Forces A Grimoire of American Political Witchcraft. Also the Illuminati Section with the books by Nesta Webster and Edith Star Miller will give you an idea of the build-up to the Security State. Also see the externalisation of the heirarchy. President Truman who passed the National Security Act in 1947 was a Shriner Freemason. Do you see the connections yet? There is a reason they want the population of the world on the Georgia Guidestones at 500 million. They are only taking their occult buddies along for the ride and most of us are not coming along with them. Also included in the Illuminati are the various organized crime groups from around the world like the mafias and cartels.

[Nesta Helen Webster 1921 World Revolution The Plot Against Civilization](#)

[Nesta Helen Webster 1924 Secret Societies and Subversive Movements](#)

[Alice A Bailey 1957 The Externalisation of the Hierarchy](#)

[Edith Starr Miller Lady Queenborough 1933 Occult Theocracy](#)

[Georgia Guidestones Eugenics Rosicrucian Herbert Kersten William Schockley](#)

We are seeing the decline of the Western Nations slowly and it is fairly upsetting to witness. America still has a constitution (see the Anti-Federalist papers from the late 1700s), but it is not followed. For instance we are not supposed to have a standing army for a period of longer than 2 years, but the courts have never enforced or challenged that (the Army Clause of the Constitution – Article 1, Section 8, Clause 12). The National Security State Tri-Lateral organizations are literally tip-toeing / sneaking illegally against the Constitution and the majority un-awake citizen population **to create a breakaway civilization run at the higher levels by agreements they have made behind American's back with Extra-Terrestrial civilizations and empires for the ultimate benefit of people who agree to accept and only follow all the desires, commands and orders of the New World Order managers and councils.** [The term New World Order comes from Fabian Socialist H. G. Wells in his book called New World Order which can be found on my website.](#) Wells wrote in that book that “countless people will hate the New World Order and will die protesting against it.” That quote is the purpose and mission of the National Security State agreement between the occultists, military and intelligence agencies. That is why the [United States has a huge information classification paradigm](#) because it is a hierarchical control system modeled after what secret society occult groups already do – secret knowledge.

There's nothing wrong with the US constitution we just need to eliminate what people call the National Security State, then work on economics, and then cultural issues. Acceleration stuff is just fed-op 4chan. People don't realize there is a set of forces operating in our solar system put in place by ET races to magnetize people into either Satanism or Christianity. This is like a AI magnetic field that interacts with your thoughts. That's why when you read the bible it's actually a form of witchcraft because the words and this "Yahweh" attraction force begin to operate to put you under mind control (Calvin called this Irresistible Grace). It works the same way for Satanism when you say read a book like the Satanic Bible (Howard Stanton Levey) there is a mind control electro-magnetic attraction force that operates against your Reason to pull you into the belief system. Both sides of the attraction force operate as a form of mind control put in place by ETs from Sirius, which is why the masons worship Sirius / Da'at and the authors of the kabbalah talk about Sirius / Lucifer / Etherics / Emanation. People don't really have a clue what this religion stuff is about. Eretz Israel is the payoff for Jews going along with this Sirian ET space opera Bible script. I've been doing conspiracy research since 2004 and at the moment I believe this is actually the reality of things. See the book Yahweh Conspiracy by John Vujicic (available on Amazon and Lulu). Also want to say that I am not a Kabbalah person I hate this shit and wish all of it would permanently stop forever.

>>>> **GRIEVANCES AGAINST THE NEW WORLD ORDER** >>>>

> **MILITARY AND INTELLIGENCE AGENCIES** - These need to be eliminated globally and a planet-wide stand down needs to occur and permanent cease fire. The intelligence agencies provide the targeting data for the ultimate trigger pull of the military. This includes security and defense contractors, intelligence classification levels including black/grey SCI, and the 5 Eyes gang stalking and organized harassment program. Also to be eliminated would be the weaponization of the electromagnetic spectrum, frequency weapons, neurological weapons, biological warfare (Lyme disease/Plum Island, AIDS, Covid), the weaponization of the ionosphere weather weapons, HAARP, Chemtrails, Planetary Terraforming for ET races. There needs to be a massive return to diplomacy between nations rather than targeted warfare. Perpetuation of the narcotics trade, human trafficking. The targeting of political activists wanting to self-organize their own government in a democratic fashion. Engaging in medical and human experimentation against weak populations and groups (MKULTRA). FEMA concentration camps. DHS/CIA/FBI/NSA watchlists and kill lists. False flag mass shootings, terrorist attacks, biological agent releases, assassinations, extra judicial killings, bypassing the due process clause of the constitution (investigation/denying rights/punishment without a warrant or court conviction). Mass surveillance, software/hardware backdoors, internet backbone wiretaps, intelligence agency data collection of private information (cell phone location data), ecological warfare (developing biological parasitism/viruses and releasing into the environment against innocent animals and humans). Information classification and forced public ignorance.

> **ECONOMY AND BANKING** - Fractional reserve banking (credit/loan fraud), Federal Reserve Central Banking, forcing national banks to be member banks of the Federal Reserve system, Federal Reserve Open Market Committee setting bogus interest rates (fraudulent boom/bust cycles), derivatives gambling, usury interest on loans, government spending beyond revenue accumulation, any kind of taxation besides providing for infrastructure/county-town police/emergency services, offshoring domestic/national labor, regional economic partnerships (European Union), calling for consumer behavior changes (Agenda 2030, Sustainable Development Goals, 1995 Rio Earth Conference, claiming climate change is real when it's actually increased solar activity/chemtrails/weather manipulation). World Economic Forum and Bilderberg group claiming humans should rent all their property and calling for global resource rationing in the name of fake climate change. Eco-communism.

> **SECRET SOCIETIES AND SUBVERSIVE RELIGION** - Noahide Laws, all groups calling for global government utopias (Zionism/Chabad), Satanism, Occultism, Luciferianism, Witchcraft, Freemasonry, Voodoo, Jewish Witchcraft systems (Christianity, Protestantism, Catholicism, Judaism, Talmud, Old and New Testament, Zohar), ritual human sacrifice, secret hierarchical systems using forced ignorance, the illuminati, Sabbatean-Frankism, Messianism, pedophilia.

> **CULTURAL DEGENERACY AND SATANIC MORALITY** - Hollywood, Music Industry, Sexual Perversion, Spirit Cooking, Incorporating occult/satanic symbology, meaning and signs symbols into cultural entertainment systems (live performances, stage plays, artwork, films, novels/writing/fiction, music). Promoting the demoralization of the youth and mental perversion of children, sexual perversion, Frankfurt School, Communism, Progressive Liberalism, Marxist Ideology, the Jewish control of the media (TV, Websites, Magazines, Newspapers, Radio), importing refugees into Europe and America, calling for the dissolving of cultural identity (racial genocide, replacement). Calling for a nation state to not be the sole expression of a similar ethnic group who are united by a common biological race, language and culture and national boundary. Fabian Socialism, Socialism, Fascism, Communism, National Collectivism.

3. Strategies For Stopping Your Targeted Harassment

Here are the techniques I have used to mostly stop my gang stalking. My gang stalking did not stop until I adopted most of these techniques. I came up with this list after doing research for a while. I still have issues which may be described as area-wide “canvassing” or “blanketing” where they send out agents to stalk across multiple places I might go during the day. The main thing though is that my synchronizations have stopped where they will make turns while driving the same time I do, etc. They can still make eye contact with your vehicle and phone in a call to their handler to organize your stalking. This is not as efficient though as having you monitored via the NSA/CIA/DHS fusion centers using your cell phone.

- **VPN (Virtual Private Network).** I recommend Surf Shark VPN. It’s as easy as signing up and downloading the app. You can get the application both for your home computer and also cellular phone or smartphone. The application though is mostly useful for your home computer. It is not as useful on your cell phone because your cell phone through the cell towers collects your position (longitude and latitude) despite having a VPN active. When using the VPN software make sure to change the city you connect to at least once a day.
- **Computers and PRISM.** Google and Microsoft were the first backdoor clients to the United States and 5 Eyes intelligence agencies under the Top Secret Program called PRISM. This means that Google and Microsoft gave private access to the NSA to their servers to engage in intelligence materials/data collection. This is carried out against US citizens despite it being illegal under FISA and the due process clause of the constitution (without a warrant). I recommend you ditch anything offered by Microsoft or Google including Windows, Office, G-Mail, YouTube, Android, etc. I suggest you run a Apple computer or Linux computer.
- **Smartphones.** Your smartphone is the main tracking and gang stalking tool the CIA uses to gang target you when you are out in public. It regularly sends the intelligence agencies and their security sub-contractors your position (longitude and latitude), barometric pressure and elevation to their systems. I know a lot of you need to make calls when out in public and are addicted to social media applications. Personally I do not use my phone for any reason except in emergency situations. I keep my phone in a faraday cage bag I purchased from Amazon and leave it off, but with a full charge so if needed I can use it in public to call a tow truck or 911 if a crime happens against me. The CIA and NSA run some kind of TIDE environment terrorist watch list database. FEMA also has the main core database. However this works you need to understand that these agencies profile your behavior based on the movements you make around town when your cell phone is on and actively collecting intelligence data about your movements (tracking your behavior). They put this into a database to profile you and create psychometric profiles (OCEAN psychology profiles) based on where you go and what you do. If you want them to keep off of you when you are out in public don’t use your phone and keep it with a full charge, powered off, and in a faraday cage bag.
- **Cash only.** This should be common sense. Tim Shorrock said that FEMA Main Core database contains vast amounts of personal and financial data on millions of American citizens. If you use your debit card or credit card this creates a paper trail they can use to profile and analyze your behavior. If you use cash there is no record of the transaction happening in your bank’s computer system. Don’t use your phone number at check out or a store loyalty card. Go to my channel on BitChute and watch my Digital Dossier documentary I put together. Then you will see why you need to use cash only.
- **Engage in unpredictability and Evasion (Counter-Surveillance).** Basically this means to be sneaky in how you go about getting around your town. Don’t use the same routes to go to work.

Take different roads, freeways, highways and paths to get where you are going. Don't go to the same stores to buy the same things. Have 4-5 grocery stores you go to and alternate between them.

- **Strategic Communications.** If you were selected for the gang stalking program and you believe it may be because you were engaging in activism against the New World Order online you may want to consider a strategy to your activism to help reduce your targeting. This would mean to be scripted to the message, time and date of delivery, etc. to craft your message to your liking instead of engaging in un-coordinated communications. This is actually probably one of the major reasons I have been targeted. I am careful, at least more careful now, about what I say on my channel and what I decide to say, when it's published and timing it more accurately compared to what's going on in the world has helped me reduce my targeting a bit.
- **Defensive Firearms.** This is a no brainer. John Todd said that the person the satanists and witches hated the most back in the 60s and 70s was the preacher Jack Hyles. Hyles was telling Christians to be armed in his sermons. The witches and satanists hated that because they want soft targets for their helter skelter event and several times attempted to assassinate Jack Hyles in his church during a live sermon for telling his congregation to be armed. If you chose to have a firearm at home that is almost a must-have for a targeted individual. The real slippery slope is getting into concealed carry because they can set you up to use your weapon. Really up to you based on your level of training and background whether you want to CCW.
- https://en.wikipedia.org/wiki/Jack_Hyles
- **Geographic Location.** I have heard from people and have also experienced myself that moving your physical location within your home country might have a reduction to your targeting. An extreme form of geographic movement may be to leave the Western nations to some remote place. Nomad Capitalist on YouTube talks about this somewhat although he does not mention targeting. The 5 Eyes countries are probably worst at the targeting. I have seen the most extreme targeting coming out of London. 5 Eyes means New Zealand, Australia, Canada, United Kingdom and USA.
- **Food, Water, Shelter, Medicine.** This is easy to see why you would need this and lots of it. This is called prepping. You can survive without air for 3 minutes, you can survive for 3 days without water, you can survive 3 weeks without food. This is called the rule of 3s. They also throw in you can only survive 3 hours without shelter but that's obviously not true, maybe if it was freezing and you were without heat. Having a stockpile of food and water, having cash on hand, gold, silver, etc. will better prep you against emergency. Having a lot of food and water means you can go longer without having to go out into public and potentially be gang stalked.
- **Family and Friends.** I suggest that you get good with your group, whatever that may be. You need to understand that the gang stalkers all are coordinated as a group and you also need to have a counter-stalking group that moves with you around town. This is just a theory I have. I find that when I'm with family or friends my stalking decreases when I'm out in public. You also need to regularly audit your friendships because the occult groups will try and recruit them as a way to get to you. I have had this happen to me with friends.
- **Home fortification.** I suggest you look into ways to tactically defend your home using barricades. Door and window security are important.
- **Social Media.** Now this is the last suggestion I have and it's probably going to be controversial. The stasi used to carry around pictures of their targets and spread rumors to the police and tell lies against the people they hated. This essentially has become facebook where you self-report to the stasi (Zuckerberg) and give them information about yourself. This can either work to your favor or against you because networking with other people is the key out of the gang stalking tactic of the isolation of the target. If you're not convinced watch my digital dossier video it

might change your mind. I suggest you don't use discord because the FBI monitors it. I would suggest using the Telegram application and just having a group channel or DM (direct message) instead of using Facebook.

- **Do Not Go to Psychiatric Services.** Now I'm not saying do not tell people about this because if you obviously would show them the brain weapons presentation by James Giordano who is a US Pentagon employee it would be obvious to them something is actually going on that is real and substantial. What I'm saying is that you should not approach the medical community about your targeting because psychiatrists and psychologists in the majority Western Nations were responsible for covering up this gang stalking program in the hospitals and psychiatric institutions (medical prisons), many of them occultists, and many of them direct descendants of the people who pulled off the MK-Ultra mind control program and experimentation. MK-Ultra was admitted under president Clinton. The people working in these care facilities and psych hospitals are in on it and attempt to cover up the damage done by the program on targets. This is especially relevant to people who receive neurological torture from an unknown remote location.

4. Conclusion

I suggest you try adopting the techniques and strategies I described above as a means to stopping or reducing your targeting. You need to understand that the intelligence agencies that are in bed with the Secret Society occult groups build a profile on you. Your digital footprint is a massive dragnet tool used to create a case file on your life to be weaponized against you through targeting. I find a lot of good material on gang stalking on BitChute if you type in gang stalking into the search bar and then go to sort by newest video first that's a good way to find material on the subject. I do this every few days to get the latest videos and news. I also go onto YouTube and search for gang stalking on that site and sort by upload date to see the newest videos. I find a lot of good material on both of these sites (BitChute and YouTube) that give me new insights into the program and people's opinions on the subject. You need to understand that the gang stalking program is the Helter Skelter program. The occultist, satanists and witches who carry out this program consider this stuff to be a party for them. They are mainly targeting people who believe their concept of right/wrong is correct and who are motivated to act on this belief to resist the New World Order. Some people call this "civic virtue" but in reality it's just a form of positive morality. They want to assimilate people in the "borg collective." Watch you back, when the time is right they are going to start killing targets or sending them to detention centers.

NEW WORLD ORDER PLEGGED TO JEWS

Arthur Greenwood of British
War Cabinet Sends Message
of Assurance Here

RIGHTING OF WRONGS SEEN

English Rabbi Delivers to Dr.
S. S. Wise New Statement
on Question After War

In the first public declaration on the Jewish question since the outbreak of the war, Arthur Greenwood, member without portfolio in the British War Cabinet, assured the Jews of the United States that when victory was achieved an effort would be made to found a new world order based on the ideals of "justice and peace."

Mr. Greenwood, who is Deputy Leader of the British Labor party, declared that in the new world the "conscience of civilized humanity would demand that the wrongs suffered by the Jewish people in so many countries should be righted." He added that after the war an opportunity would be given to Jews everywhere to make a "distinctive

and constructive contribution" in the rebuilding of the world.

The message was delivered last week to Dr. Stephen S. Wise, chairman of the executive committee of the World Jewish Congress, by Rabbi Maurice L. Perlzweig, chairman of the British section of the congress. Rabbi Perlzweig arrived from England Monday evening.

Intention to Right Wrongs

Comparing the statement with the Balfour Declaration of 1917, Dr. Wise declared that in a sense it had "wider and farther reaching implications," as it dealt with the status of Jews throughout the world. He said that Mr. Greenwood's message could be interpreted as a statement of England's firm intention to help right the wrongs which Jews have suffered and continue to suffer today because of Hitler's "disorder and lawlessness."

Mr. Greenwood, sending the Jews of America a message of "encouragement and warm good wishes," wrote:

"The tragic fate of the Jewish victims of Nazi tyranny has, as you know, filled us with a deep emotion. The speeches of responsible statesmen in Parliament and at the League of Nations during the last seven years have reflected the horror with which the people of this country have viewed the Nazi relapse into barbarism.

"The British Government sought again to secure some amelioration of the lot of persecuted Jewry both in Germany itself and in the countries which were infected by the Nazi doctrine of racial hatred. Today the same sinister power which has trampled on its own defenseless minorities, and by fraud and force has temporarily robbed many small

peoples of their independence, has challenged the last stronghold of liberty in Europe.

New World Order Forecast

"When we have achieved victory, as we assuredly shall, the nations will have the opportunity of establishing a new world order based on the ideals of justice and peace. In such a world it is our confident hope that the conscience of civilized humanity would demand that the wrongs suffered by the Jewish people in so many countries should be righted.

"In the rebuilding of civilized society after the war, there should and will be a real opportunity for Jews everywhere to make a distinctive and constructive contribution; and all men of good-will must assuredly hope that in new Europe the Jewish people, in whatever country they may live, will have freedom and full equality before the law with every other citizen."

In an interview at the Hotel Astor, Rabbi Perlzweig declared he was certain Mr. Greenwood "speaks for England." There is a clear realization, he added, that freedom and emancipation for the Jewish people are tied up with emancipation and freedom for people everywhere. The message, Rabbi Perlzweig remarked, was the subject of earnest consideration by the British Government.

"This is a declaration in behalf of the whole world," he observed. "Here the British Government expresses clearly what it hopes will take place after the war is won."

The New York Times

Published: October 6, 1940
Copyright © The New York Times